

Education:

- Doctorate in Holistic Nutrition, November 2006
- ANMA Board Certified Naturopathic Hormone Therapist, September 2003
- Board Certified Holistic Health Practitioner, September 2002
- Licensed Brain Gym Practitioner 1996, 1999
- Touch For Health Certification 1993, 1997
- Stress Release Instructor 1993
- Certified Nutritional Consultant, November 1993

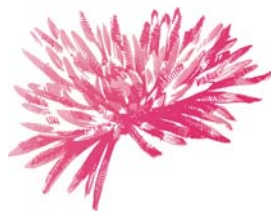
Numerous and varied CEU courses in: Functional Medicine; Functional Blood Chemistry Analysis; Functional Endocrinology; Mood & Cognitive Disorders; Emotional Stress Release, and others.



Additional Contact Information

Jeannette Santino, PhD, CNC
Holistic Health Practitioner

760-752-1903
www.CreateBalance.net



Important Note: Keep in mind I must strictly adhere to the Laws governing the holistic health profession for the State of California – I cannot diagnose nor treat disease. All laboratory testing is for the purpose of educating and evaluating ones current state of health from the nutritional perspective. Proper laboratory testing and evaluation can give direction on what can be done to improve health by applying good nutrition and targeted supplementation. They are not for the purpose of diagnosing and treating disease. For the diagnosis and treatment of any disease it is important that you contact your medical health professional.



*Create a healthy
and balanced life*

“If we could give every individual the right amount of nourishment and exercise, not too little and not too much, we would have found the safest way to health.” - Hippocrates

FOR PHYSICAL BALANCE

Available Lab Tests / 2010 Prices

- GI Panels (stool & saliva) - \$285.00
- IgG Food Sensitivities Test (serum) \$355.00
- Adrenal assessment (saliva) - \$120.00
- Comprehensive blood test (CWP) - \$97.00
- Gene SNPs (we only test the genes that can be affected by nutrition and lifestyle adjustments) – \$395.00
- Other specialty tests available and will be determined during consultation

Purpose of Lab Tests

- Pre-testing documents your current state of health prior to lifestyle changes
- Pre-testing helps to identify priority areas to address
- Spot-testing gives us a look at your progress, and any changes we may need to make in your protocol
- Post-testing documents the effectiveness of the protocol and the positive changes the body has made toward vibrant health

Benefits of Lab Tests

- Enables us to speed recovery by addressing the “bottom-line” first
- Provides a guide for targeted nutrition vs. the “shotgun” approach

FEE SCHEDULE 2010

- Nutritional Consultations - \$60 for ½ - hr sessions / \$120 for 1-hr sessions – Includes lab analysis and written protocol.
- The Laboratories set the fees for their tests – we do not.
- CWP (Comprehensive Blood Test) I pay for this upon ordering. This is the only test that will require reimbursement from you.
- Supplements are extra. I am very particular in the supplements recommended. They are chosen for their high quality, bioavailability and effectiveness. I do not choose to compromise in this area. For more information watch the video on my website: www.CreateBalance.net
- I cannot offer discounts on all supplements as the small profit from the sale of supplements contribute to me being able to keep my consulting fees low. Thank you for understanding.



ADDITIONAL INFORMATION

- Long E-mails that cannot be answered by the Administrative Assistant will require a scheduled consultation.
- There is no charge for brief product questions either by phone or email.

Critical Information before We Begin

Know that when you embark on the journey of re-establishing your health, it is imperative that you follow instructions closely for the required time period. Not applying the protocols as directed can delay or prevent your return to health. This is frustrating to the both of us. If you are having difficulty with any part of the protocol, please set up a consultation immediately. It is also imperative for you to do the required follow-up testing so that we are not wasting our time and your money.

Please be assured that I will tell you if, or when, an issue is evident on a lab test that may require medical intervention or a more aggressive approach by a specialist.